



Training Day Appreciative Inquiry

Agenda and Topics

The SEMPRE Accelerators Training Day will be a series of three consecutive digital events on Appreciative Inquiry. It will be facilitated by a professional trainer and embedded in further in-between activities. There will be three workshops as well as three group activities in-between the workshops.

Instructions	Digital Workshop #1	Between workshops: Learning groups	Between workshops: Coach training in pairs	Digital Workshop #2	Digital Workshop #3
Practicalities	All partners together: Introduction	Groups of partners work on a task assigned by the trainer	tasks provided by trainer; integrated into partner meeting	All partners together:	All partners together:
	1 meeting, 2-2.5 hrs	2 meetings, 0,5 – 1 hr each,	1 meeting, 1 hr,	1 meeting, 2-2.5 hrs	1 meeting, 2-2.5 hrs
17 August, back-to-back with partner meeting	15 September 14:00 – 16:00 (CET)	to be scheduled by involved partners individually	01 October, 10:00 – 11:00 (CET)	06 October 13:30 – 15:30 (CET)	26 October 13:00 – 14:00 (CET)

Workshop #1: The NOPRA model

At the first workshop, we will learn about the NOPRA method (<https://www.youtube.com/watch?v=9p1InjsMriY>) and discuss:

- What can you use NOPRA in your daily work life?
- How can you implement the method (when/how/who)?
- What strengths do you have in your own organization/project/daily work that support a coaching perspective?
- What is your next step?

Workshop #2: Appreciative Inquiry

During the second workshop, we will learn about Appreciative Inquiry () and how it can help your micro projects. We will learn:

- How can you use Appreciative Inquiry in your daily work life?
- What examples of a Appreciative Inquiry are (already?) existing in your daily work life? In which fields could it be introduced?
- What is your next step?



Workshop #3: Reflection of Learnings

At the third workshop, we will discuss the following questions:

- What have you learned during this time and these workshops?
- What difference has/will it made for you?
- What possibilities can you see with coaching and Appreciative Inquiry?
- How will you make use of your new knowledge?
- What is your next step? (be as concrete as possible)
- When will you take that step?